

Foundational References for Resilience Protocols

Conclusion of Protocols

- 1. The **"Go Quiet" Protocol** (Digital Security)
- 2. The **"Connect Smart" Protocol** (Digital Resilience)
- 3. The **"Hide and Save" Protocol** (Data Security)
- 4. The **"Move Fast, Pack Light" Protocol** (Evacuation)
- 5. The **"Be Invisible" Protocol** (Personal Safety)
- 6. The **"Call for Aid" Protocol** (Seeking Help)

This list is designed for organizations or individuals who wish to expand, adapt, or understand the foundational principles of these six protocols.

1. Digital Security and FOSS Resources

These organizations are the standard-bearers for open-source, non-commercial digital safety guides for high-risk individuals.

Organization	Resource/Link	Relevance to Protocols
Electronic Frontier Foundation (EFF)	Surveillance Self-Defense Guide 1	Foundational principles for "Go Quiet" and "Hide and Save," emphasizing secure technology and behavioral practices.
Front Line Defenders	Digital Security Resources 2	Provides open-source curricula and guides for activists and human rights defenders in high-risk zones.
Global Investigative Journalism Network (GIJN)	Digital Security Resource 3	Offers practical advice and self-diagnostic tools for users facing digital attacks (relevant to the "5-Minute Stress Test" concept).

2. Physical Safety, Emergency Logistics, and Risk Management

These organizations provide established frameworks for crisis management, focusing on staff safety, evacuation, and global response logistics.

Organization	Resource/Link	Relevance to Protocols
International Federation of Red Cross and Red Crescent Societies (IFRC)	Emergency Response Framework (ERF) 4	Provides global guidance on rapid response and action, aligning with the urgency of the "Move Fast" and "Call for Aid" logistics.
UN Office for Disaster Risk Reduction (UNDRR)	Sendai Framework for Disaster Risk Reduction 2015-2030 5	The global blueprint for reducing disaster risk, which provides the strategic context for all preparedness and evacuation planning.
Global Interagency Security Forum (GISF)	Security Risk Management: A Basic Guide for Smaller NGOs 6	Highly relevant guidance for understanding and minimizing risk, directly supporting the "Be Invisible" protocol.

3. Historical/Foundational Survival Principles (Supporting All Protocols)

These public-domain resources offer timeless, hard-won survival lessons, providing a historical grounding for the physical safety protocols.

Resource	Link	Relevance to Protocols
FM 21-22 Watermanship 1944	Public Domain Archive 7	A WWII-era U.S. War Department manual, now in the public domain, offering basic, foundational knowledge on water survival and resilience.